

Do you exercise each week?	Impossible <input type="checkbox"/>	None <input type="checkbox"/>	Light <input type="checkbox"/>	Moderate <input type="checkbox"/>	Strenuous <input type="checkbox"/>	Athlete <input type="checkbox"/>				
Are you a carer? (Do you care for a family member of friend?)	Yes <input type="checkbox"/>	Relationship to person:					Are they registered at City Walls? Yes / No			
Do you have a carer?	Yes <input type="checkbox"/>	Carer's Name:					Telephone:			
Do you suffer from or have a history of:	Heart Attack / Angina <input type="checkbox"/>	Stroke <input type="checkbox"/>	Diabetes <input type="checkbox"/>	Asthma / COPD <input type="checkbox"/>	Thyroid Problems <input type="checkbox"/>	Blood Pressure <input type="checkbox"/>	Mental Illness <input type="checkbox"/>	Glaucoma <input type="checkbox"/>	Cancer <input type="checkbox"/>	Epilepsy <input type="checkbox"/>
Do you consider yourself to have a disability that we need to be aware of to ensure all your needs are met when you visit the practice?										
<u>FAMILY HISTORY</u>										
Has any close relative (brother, sister, parent) suffered from: (please also specify who)										
Heart Attack <input type="checkbox"/>	Heart Disease before age 60 <input type="checkbox"/>	Heart Disease after age 60 <input type="checkbox"/>								
Stroke <input type="checkbox"/>	Breast Cancer <input type="checkbox"/>	Asthma <input type="checkbox"/>								
Diabetes <input type="checkbox"/>	High Blood Pressure <input type="checkbox"/>	Raised Cholesterol <input type="checkbox"/>								
<u>FEMALE PATIENTS ONLY</u>										
Do you have either of these methods of contraception fitted? Mirena Coil <input type="checkbox"/> Ring Pessary <input type="checkbox"/>										
Approximately which month and year was it fitted?										
If not, what form of contraception (if any) do you use?										
When was your last smear?										

**As a practice, we recommend you take regular exercise (e.g. cycling, swimming, aerobics, resistance training) 3 times per week, along with a sensible balanced diet.
We also recommend you have regular blood pressure check. Please attend yearly for this.
Smokers are strongly advised to stop.**

STAFF ONLY TO COMPLETE

Photo ID Passport

 I.D. Card

 Driver's License

 Other (please specify)

Verified By: Signature: