

Age UK Cheshire



LIST OF ACTIVITIES

West Cheshire Area – Updated March 2015

Although we endeavour to ensure that this information is accurate, activities, times and other details may change without notice. It is always best to check that the activity of your choice is still taking place before travelling.

This list is compiled by Information & Advice, Age UK Cheshire, 4 Queen Street, Chester, CH1 3LG.

Tel: 01244-401500. Should you be aware that any of these details have changed, we would be very grateful if you could inform us so that we can update this list.

Although we endeavour to ensure that this information is accurate, activities, times and other details may change without notice. It is always best to check that the activity of your choice is taking place before travelling.

AREA	ACTIVITY	VENUE	DAY AND TIME	CONTACT	OTHER DETAILS
Ashton Hayes	Ashton Hayes Social Afternoon	WI Hall, Church Road, Ashton Hayes	Alternate Tuesdays 2pm	01829 751733	Speakers, outings, lunches, competitions
Barrow	Evergreens Circle	Barrow Village Hall	1 st Mondays 2pm – 4pm	01829 741518	
Barrow	Barrow W.I	Barrow Village Hall	2 nd Wednesday of month 7.30 p.m.		
Blacon	Gardening Club	Next to Highfield	11am Sunday	Glyn: 07854 601469 or Joanne: 07810 803907	
Blacon	Lunch Club	Holy Trinity Church	Noon on Fridays	Glyn: 07854 601469 or Joanne: 07810 803907	
Blacon	Vintage Blacon	Various	Various	Glyn: 07854 601469 or Joanne: 07810 803907 Karen 01244 371843	Arts and Crafts, gentle exercise in various forms, lunches, films.

Information & Advice, Age UK Cheshire, 4 Queen Street, Chester, CH1 3LG. Tel: 01244-401500. Should you be aware that any of these details have changed, we would be very grateful if you could inform us so that we can update this list.

Although we endeavour to ensure that this information is accurate, activities, times and other details may change without notice. It is always best to check that the activity of your choice is taking place before travelling.

AREA	ACTIVITY	VENUE	DAY AND TIME	CONTACT	OTHER DETAILS
Blacon	Health Walks	United Reformed Church Saughall Road Blacon	Mondays 10.00-11.30 am	Vintage Blacon as above	Walk followed by refreshments
Blacon	Indoor Bowls	United Reformed Church Saughall Road Blacon	Tuesdays 2.00-3.30pm		£3.00 each
Blacon	Exercise Group	United Reformed Church Saughall Road Blacon	Thursdays 10.30-11.30 am		£1.00 each
Blacon	Knit & Chatter	Chester Healthy Living Centre Ground Floor Plas Dinas, Blacon	Wednesdays 10.30am -12.00 noon	01244 385035	For experienced knitters and those who want to learn. Share your skills with others
Boughton / Great Boughton	Drop in for Elderly Residents	Caldy Valley Neighbourhood Church	Every Wednesday 10.30am – 12noon	Jean Cannell 01244 310028	Friendly chat and Tea/Coffee/Biscuits for housebound and elderly residents.
Broughton	Broughton Wings Airbus UK Retired Club	Broughton Wings Sports and Social Club	Tuesdays 1pm – 4pm	01244 522631/522302	

Information & Advice, Age UK Cheshire, 4 Queen Street, Chester, CH1 3LG. Tel: 01244-401500. Should you be aware that any of these details have changed, we would be very grateful if you could inform us so that we can update this list.

Although we endeavour to ensure that this information is accurate, activities, times and other details may change without notice. It is always best to check that the activity of your choice is taking place before travelling.

AREA	ACTIVITY	VENUE	DAY AND TIME	CONTACT	OTHER DETAILS
Broxton & Bickerton	WRVS Monday Club for 60+	Bickerton Village Hall	Every other Monday	Mrs M Beckett 01948 780754	Also Tuesday summer outings, check for details
Caldy Valley	Bridge Club	Caldy Valley Community Centre	Tuesdays 1.00pm – 4.30pm and Friday 1.00pm – 4.30pm.	Sheila Yale 01244 340301	New members always welcome
Caldy Valley	Nature Park	Caldy Valley Road	Working parties 1 st Weds each month. Meet in car park at 9.30am.		Great for fresh air and exercise, tools provided.
Caldy Valley	Gardening Club	Middle Hall Caldy Valley Community Centre	2 nd Tuesday of month from Feb to Dec (no meeting Aug). 7.30pm	Community Centre 01244 318450	Annual subscription £15. Visitors welcome for one visit £3.
Caldy Valley & Christleton	Health Walks	Meet at Café, Sainsbury's	Wednesday 10.30am start 1 st Weds in month starts from Ring O'Bells, Christleton	Age UK Get Active: 0151 348 5493	
Chester	Royal Mail and British Transport Pensioners Club	Queen Street Christian Centre, Chester	Coffee Morning every 2 nd Thursday in month (except August) 10am – 12noon	Contact: Ken Moxon Secretary 01244 379739	Also day trips and holidays.
Chester	Cameo	Salvation Army Hall, St	Wednesday 2.15pm	01244 316791	Over 55s varied style

Information & Advice, Age UK Cheshire, 4 Queen Street, Chester, CH1 3LG. Tel: 01244-401500. Should you be aware that any of these details have changed, we would be very grateful if you could inform us so that we can update this list.

Although we endeavour to ensure that this information is accurate, activities, times and other details may change without notice. It is always best to check that the activity of your choice is taking place before travelling.

AREA	ACTIVITY	VENUE	DAY AND TIME	CONTACT	OTHER DETAILS
		Anne Street, Newtown			meeting.
Chester	Chester RSPB Club	St Mary's Centre, St Mary's Hill, Chester	7-7.30pm Wednesdays Monthly	Norman Sadler 01244 335670	Birds and Wildlife, talk with slides or film and local information (£2-£3), also field trips.
Chester	U3A	Quaker Meeting House Frodsham St Chester	Whole Membership meet Thursdays monthly	Cestrian.u3a@btinternet.com	
Chester	Eat Inns Over 60s Club	Toby Inn Hoole Road Mickle Trafford	Last Friday of every month 12 noon	Maureen Courtney 01244 377531	Lunch Club (need to book 2 days before)
Chester	Embroiderers Guild	Kings School, Wrexham Road, Chester Christleton Methodist Church, Little Heath Rd	1 st Wednesday in month 1 st Saturday in month 10.00 a.m.		£3.50 entrance – non-members welcome
Chester City	Get Active	Northgate Arena	Monday, Tuesday, Thursday 2pm – 4pm	01244 380444	Badminton, Table Tennis, Swim
Chester City	Women's Institute – Cheshire Federation	Various	Various	11 Whitefriars, Chester, CH1 1NZ 01244 347462	Contact for details of WI activities in your local area. £36 annual membership
Christleton	St James	Christleton Parish Hall	2 nd Monday of every	Janet Brown	Speakers, outings,

Information & Advice, Age UK Cheshire, 4 Queen Street, Chester, CH1 3LG. Tel: 01244-401500. Should you be aware that any of these details have changed, we would be very grateful if you could inform us so that we can update this list.

Although we endeavour to ensure that this information is accurate, activities, times and other details may change without notice. It is always best to check that the activity of your choice is taking place before travelling.

AREA	ACTIVITY	VENUE	DAY AND TIME	CONTACT	OTHER DETAILS
	Mother's Union		month, 2pm	01244 335785	church activities, open to anyone who attends church in Christleton area.
Christleton	Luncheon Club	Parish Hall Christleton	3 rd Monday of month 12.00 noon for 12.30 serving	Liz 01244 409414 or Janet 325539 or Chris 335562	Book a place by calling contacts
Christleton	Garden Club	Methodist Hall Christleton	2 nd Monday of the month	Judith Butt 01244 335296	Annual subscription £10. Visitors £2
Christleton	Local History Group	Christleton Primary School Quarry Lane	3 rd Wednesday of the month 7.30 pm	David Cummings 01244 332410	£3.00 per meeting
Ellesmere Port	Sutton Way Luncheon Club	Thelwell Road Community Centre	Afternoons – check with organiser Weds 7 a.m – 3 p.m	0151 356 6826	
Ellesmere Port	Line Dance	Little Sutton Community Centre	Wednesdays 2.00-4.00 p.m	0151 356 6826	
Ellesmere Port	Shell Pensioners Association	Whitby Sports and Social Club, Whitby Road, E.Port			For anyone drawing a Shell Pension: holidays, meetings, outings, lunches, etc.

Information & Advice, Age UK Cheshire, 4 Queen Street, Chester, CH1 3LG. Tel: 01244-401500. Should you be aware that any of these details have changed, we would be very grateful if you could inform us so that we can update this list.

Although we endeavour to ensure that this information is accurate, activities, times and other details may change without notice. It is always best to check that the activity of your choice is taking place before travelling.

AREA	ACTIVITY	VENUE	DAY AND TIME	CONTACT	OTHER DETAILS
Ellesmere Port	Ballroom Dancing	Whitby Sports and Social	Thursdays 7.30-8.15 beginners, 8.15-9pm intermediate Saturdays 9.00-10.30 p.m General Dancing	0151-355-4661	Members £2.00 Non members £2.50 Regular details available at Chester Library
Ellesmere Port	Luncheon Club	Westminster Community Centre	Mondays 9.30-1.30 Weds & Friday 9.30-2.30	0151-356-6826	Open to all
Ellesmere Port	Luncheon Club	Little Sutton Community Centre	Wednesdays 9am-4.00pm Fridays 9am-1.30pm	0151-356-6826	Open to all
Ellesmere Port	Luncheon Club	Wolverham Community Centre	Mon 9.30am-1.30pm, Weds & Fridays 9.30 am-2.30pm	0151-356-6826	Open to all
Ellesmere Port	Gentle Mobility	Wolverham Community Centre	1.30-2.30pm	0151 356 6826	
Ellesmere Port	Art Group	Westminster Community Centre	Thursdays 10.00am-2.00pm	0151 356 6826	
Ellesmere Port	Illusion Morris Dancers	Wolverham Community Centre	Fridays 4.30-9.30pm	0151 356 6826	
Ellesmere Port	Old Time Dancing/	Wolverham Community Centre	Saturday 7-11pm	0151 356 6826	

Information & Advice, Age UK Cheshire, 4 Queen Street, Chester, CH1 3LG. Tel: 01244-401500. Should you be aware that any of these details have changed, we would be very grateful if you could inform us so that we can update this list.

Although we endeavour to ensure that this information is accurate, activities, times and other details may change without notice. It is always best to check that the activity of your choice is taking place before travelling.

AREA	ACTIVITY	VENUE	DAY AND TIME	CONTACT	OTHER DETAILS
	Sequence Dancing				
Ellesmere Port	Carpet Bowls	Little Sutton Community Centre	Mondays 1.45-3.45pm	0151 356 6826	
Ellesmere Port	Coffee and Crochet	National Waterways Museum	Tuesdays 11am – 12noon	0151 355 5017	Free
Ellesmere Port	Bingo	Wolverham Community Centre	Fridays 6-10.30pm	0151 356 6826	Open to all.
Ellesmere Port	Little Sutton Art Group	Little Sutton Community Centre	Thursdays 1.00-3.00pm	0151 356 6826	
Ellesmere Port	Shell Pensioners Association	Whitby Sports and Social Club	1 st Tuesday of month 2pm	Mr N Jarvis 0151-339-2450	Holidays, outings, theatre trips, for former Shell employees.
Handbridge	Lunch Club	St Mary's Church Hall	Wednesdays 12.30pm	Parish Office 01244 671202	£2 per person
Handbridge	Coffee morning	St Andrews U.R.Church	Thursdays 10.30-12.00 noon	Secretary 01244 382876	
Handbridge	Coffee/Lunch	St Andrews U R Church	Mondays 10/10.30-3.00pm	Mrs Sue Bell 01244 671095	
Handbridge	Coffee morning	St Andrews U.R.Church	4 th Saturday of month 10.30am	Secretary 01244 382876	Cakes for sale

Information & Advice, Age UK Cheshire, 4 Queen Street, Chester, CH1 3LG. Tel: 01244-401500. Should you be aware that any of these details have changed, we would be very grateful if you could inform us so that we can update this list.

Although we endeavour to ensure that this information is accurate, activities, times and other details may change without notice. It is always best to check that the activity of your choice is taking place before travelling.

AREA	ACTIVITY	VENUE	DAY AND TIME	CONTACT	OTHER DETAILS
Handbridge	Handbridge Womens Institute	St Mary's Church Handbridge	1 st Tuesday of month	01244 671304	
Hoole	Yoga	Hoole Community Centre, Westminster Road, Hoole	Wednesday 2.00pm – 3.30pm	Mary Clinging 01244 319509	Dru Yoga – very gentle and suitable for all abilities.
Hoole	Various	Hoole Community Centre, Westminster Road, Hoole	Wide ranging programme of activities	01244 342741	Full schedule available on website also
Hoole	Lunch Club	Hoole United Reform Church	Monday 12.15pm	Chris Williams 01244 345710	Transport Valerie Taylor 01244 851854
Hoole	Mens Bowling	Hoole United Reform Church	Thursday 10am	David Welsh 01244 349130	Indoors during winter. Local green during summer
Hoole	Ladies Fellowship	Hoole United Reform Church	Thursday 2.30pm	Pam Price 01244 341554	
Hoole	Senior Residents Fellowship	Hoole All Saints Church	Thursday 2.30pm – 4pm	Church Office 01244 322056	Talks, slides, outings.
Hoole	Art and Craft classes	Hoole Community Centre	Various daytime	Community Centre Office: 01244 342741	Various creative courses run throughout the week.

Information & Advice, Age UK Cheshire, 4 Queen Street, Chester, CH1 3LG. Tel: 01244-401500. Should you be aware that any of these details have changed, we would be very grateful if you could inform us so that we can update this list.

Although we endeavour to ensure that this information is accurate, activities, times and other details may change without notice. It is always best to check that the activity of your choice is taking place before travelling.

AREA	ACTIVITY	VENUE	DAY AND TIME	CONTACT	OTHER DETAILS
Hoole	Ladies Circle	Hoole Methodist Church	2 nd & 4 th Tuesday of month 7.30-9.00pm (not July & August)	Rev. Sara Cliff 01244-321950	Ladies only. Friendship, speakers, flower arranging, quizzes, outings.
Hoole	Indoor Bowling	Hoole Methodist Church	Fridays 2.00-4.00pm		Bring your own bowls or bowls available.
Hoole	WRVS Retired Persons	Hoole Community Centre	Tuesday 1.30pm	Julia Butler 01244-342741	Chat and bingo
Hoole	Craft Club	Hoole Methodist Church	1 st Monday of month 10.00am-3.30pm	Alison – email alison.nolan1@bt internet.com	Group combines a sociable get together with an end product
Hoole	Choir Fellowship	Hoole Methodist Church	Fridays 7.30-9.00pm	John Evans 01244 674878 or 07939645688	For anyone who enjoys singing
Huntington	Lunch @ St Luke's	St Luke's Church, Huntington	Wednesdays 12.15-1.45pm	01244 336155	Light lunch in good company. Donation of £1.50 suggested
Huntington	Huntington Seniors	Huntington Village Hall	Thursday 2.15pm – 4pm	Sheila Fripp 01244 313951	New members welcome
Kelsall	Good Companions	Methodist Church Schoolroom, Kelsall	Alternate Thursdays 2.15pm – 4.15pm	Mary Diggle 01829 752608	Over 60s talks, slide shows, quizzes, refreshments.

Information & Advice, Age UK Cheshire, 4 Queen Street, Chester, CH1 3LG. Tel: 01244-401500. Should you be aware that any of these details have changed, we would be very grateful if you could inform us so that we can update this list.

Although we endeavour to ensure that this information is accurate, activities, times and other details may change without notice. It is always best to check that the activity of your choice is taking place before travelling.

AREA	ACTIVITY	VENUE	DAY AND TIME	CONTACT	OTHER DETAILS
Kelsall	Bridge Club	Kelsall Community Centre	Tuesday & Thursdays 6.45 – 10.00 pm	Nick Mayfield 01829 752105 or Sue Ward 01928 787193	Visitors welcome subject to space
Kelsall	W.I	Methodist Church Hall Chapel Green	1 st Wednesday of month 7.30pm	Anne 01829 752090 or Heather 01829 752558	Sessions include walking groups, bridge and day trips
Kelsall	Family History Group	Kelsall Community Library, Flat Lane, Kelsall	Last Tuesday of month 7.30-9.30pm	01829 752899 (after 7.00pm)	£1.00 to cover refreshments and materials
Kelsall	Flower Club	Methodist Church School Room Chapel Green	3 rd Wednesday of month 7.30pm	Co –Chairmen 01829 752548 or 01829 752466 or Secretary 01829 752379	
Kelsall	Kelsall & District Gardening Club	Methodist Church School Room Chapel Green	2 nd Tuesday of month 19.45 pm	Jan Beattie 01829 751032 or David Shakspeare 01829 751637	£2 entrance members and non-members welcome
Kelsall	Kelsall Ladies Thursday Group	Methodist Church School Room	Thursdays Fortnightly 7.45pm. Sept-April	Mary Hall 01829 751136 Shelia Railton	

Information & Advice, Age UK Cheshire, 4 Queen Street, Chester, CH1 3LG. Tel: 01244-401500. Should you be aware that any of these details have changed, we would be very grateful if you could inform us so that we can update this list.

Although we endeavour to ensure that this information is accurate, activities, times and other details may change without notice. It is always best to check that the activity of your choice is taking place before travelling.

AREA	ACTIVITY	VENUE	DAY AND TIME	CONTACT	OTHER DETAILS
				01829 751817	
Kelsall	Kelsall Opal	Methodist Church Hall	Mondays	Management Committee 01829 752607 or 01829 752608	Morning coffee, lunch, light exercise, quizzes, music etc throughout the day
Kelsall	Ashworth Time Bank	1 st Floor Community Shop Kelsall Road Ashton Hayes	Various activities	Susan or Caroline 01829 751398	Office open Monday-Friday 9.30am-12.30pm
Kelsall	Scottish Dancing Group	Kelsall Community Centre	Wednesdays 8.00-10.00pm	Ian Dingwell 01829 751975 or Val Armstrong 01829 751867 Or Rosie Humphreys 01829 752784	Tuition and social dancing.
Lache	60+ Monday Club	Lache Community Centre	Monday 10am – 2pm	Centre Manager 01244 674887	
Lache	Computer Class	Hearing Centre	Monday 1pm – 3pm Wednesday 1pm – 3pm	Centre Manager 01244 674887	
Lache	Gentle Exercise	Lache Community Centre	Tuesdays 9.30-10.30am, Thursdays 11-12.00 noon	Centre Manager 01244 674887	Gentle exercise Class

Information & Advice, Age UK Cheshire, 4 Queen Street, Chester, CH1 3LG. Tel: 01244-401500. Should you be aware that any of these details have changed, we would be very grateful if you could inform us so that we can update this list.

Although we endeavour to ensure that this information is accurate, activities, times and other details may change without notice. It is always best to check that the activity of your choice is taking place before travelling.

AREA	ACTIVITY	VENUE	DAY AND TIME	CONTACT	OTHER DETAILS
Lache	Bingo	Lache Community Centre	Monday 7.30pm – 9.30pm	Centre Manager 01244 674887	
Lache	Pilates	Lache Community Centre	Tuesday 1.30pm – 2.30pm	Centre Manager 01244 674887	
Lache	Drop In	Lache Community Centre	Tuesday 10am – 11.30am	Centre Manager 01244 674887	Tea, toast and talk
Lache	Lunch Club	Lache Community Centre	Thursday 12.00 – 1pm	Centre Manager 01244 674887	3 courses lunches
Lache	Tea Dance	Lache Community Centre	Thursday 1.30pm – 4pm fortnightly	01244 674887	Tea & biscuits/cake £2 per session
Neston	Bingo	Check venue	Tuesday 7.30pm Quiz night Sunday	0151 336 4630	
Neston	Neston Pensioners Club	Neston Methodist Church Hall, High Street, Neston	Fridays 2.00pm – 4pm	Mrs L Briggs 0151 336 4783	Raffles, bingo and quizzes. Three outings a year.
Neston	Tea Pot Club	Neston Methodist Hall High Street Neston	Mondays & Wednesdays 9.30 a.m -12 noon	0151 336 1537	
Neston	Computers	Neston Community Cybercentre, Neston Methodist Church	Drop in - 0151 336 7784 Mon: 9.30am – 12noon Tues: 9.30am – 12noon, 2.30pm – 7pm Weds: 9.30am – 12noon, 2.30pm – 7pm Thurs: 9.30am – 12noon, 2.30pm – 5pm,		Computer buddies on hand to help – complete beginners welcome.

Information & Advice, Age UK Cheshire, 4 Queen Street, Chester, CH1 3LG. Tel: 01244-401500. Should you be aware that any of these details have changed, we would be very grateful if you could inform us so that we can update this list.

Although we endeavour to ensure that this information is accurate, activities, times and other details may change without notice. It is always best to check that the activity of your choice is taking place before travelling.

AREA	ACTIVITY	VENUE	DAY AND TIME	CONTACT	OTHER DETAILS
			7pm – 9pm		
Little Neston	Luncheon Club	Methodist Church Hall Mellock Lane, Little Neston	12.00-2.00 pm	AgeUK Cheshire 0161 305032	£3 per week home cooked meal + hot drink
Newton	The Monday Club for over 50s	The New Church Hall, Dicksons Drive, Newton	Monday afternoons 2pm – 4pm	Mrs Barnes 01244 380226 Mrs Engles 01244 347181	Entertainment, outings, celebrations, exercises, sales tables, bingo, raffles, speakers, etc.
Newton	TOGS (The Older Group)	Kingsway Community Café, 91 Kingsway	Wednesdays 2.30– 3.00/4.00pm.	Café Manager 01244 313434	Senior residents group: quizzes, games, guest speakers, keep fit. £1 entrance includes refreshments
Newtown	Luncheon Club	Salvation Army Hall, St Anne Street, Newtown, Chester, CH1 3HU	Wednesday, Thursday and Friday 12.30pm Drop in sessions Tuesdays 1-3.00pm	Gill Stacey 01244 316791	£4.50 for 3 courses Refreshments, indoor golf, board games
Tarvin	Silver Threads Club	Tarvin Community Centre	Every 2 nd and 4 th Wednesday 2pm	Mrs Sheridan 01829 740915	Dominoes, whist, bingo, outings.
Tattenhall	Tattenhall	Recreation Club, Fields	2-4pm every 2 nd and		Social afternoons,

Information & Advice, Age UK Cheshire, 4 Queen Street, Chester, CH1 3LG. Tel: 01244-401500. Should you be aware that any of these details have changed, we would be very grateful if you could inform us so that we can update this list.

Although we endeavour to ensure that this information is accurate, activities, times and other details may change without notice. It is always best to check that the activity of your choice is taking place before travelling.

AREA	ACTIVITY	VENUE	DAY AND TIME	CONTACT	OTHER DETAILS
	'Forget-me-not' Club	Lane, Tattenhall	4 th Tuesday		speakers, outings during the summer.
Tattenhall	Tattenhall Probus Club		Various. Men only lunches and social programme (open to wives/partners).	Jim McPhilips 01829 770762	Open to Tattenhall residents who are retired but under 70 – men only.
Tattenhall	Tattenhall Bridge Club	Babour Institute High Street Tattenhall	Fridays 7.30pm	Val Meeks 01829 770781	Ideal club for anyone ready for their first venture into bridge
Tattenhall	Womens Institute	Babour Institute High Street Tattenhall		Ruth 01829 770762	
Tattenhall	Drop in Coffee Mornings	Babour Institute High Street Tattenhall	Tuesdays 10.00-12.00am	Hilary 01829 770516	Refreshments 50p
Tattenhall	Tattenhall Over 50s (TOFS)		Various activities	Carol Weaver 01829 771443 or Noel Atkinson 01829 770808	Speakers, outings, etc.
Tilston	Coffee Morning	Tilston War Memorial Hall	Wednesday 10.30 – 11.30am	Mrs Egan, 01829-250446	Open to all
Tilston	Evergreen Club	Tilston War Memorial Hall	1 st and 3 rd Thursday every month 2-4.00pm	Mrs Egan, 01829-250446	Open to all pensioners, activities include: whist,

Information & Advice, Age UK Cheshire, 4 Queen Street, Chester, CH1 3LG. Tel: 01244-401500. Should you be aware that any of these details have changed, we would be very grateful if you could inform us so that we can update this list.

Although we endeavour to ensure that this information is accurate, activities, times and other details may change without notice. It is always best to check that the activity of your choice is taking place before travelling.

AREA	ACTIVITY	VENUE	DAY AND TIME	CONTACT	OTHER DETAILS
					dominoes, scrabble, days out.
Upton	Womens Institute	Upton Village Hall	2 nd Wednesday evening in the month	01244 380157 or 01244 343141	
Upton	Tai Chi	United Reform Church	Friday 12noon – 1pm	Age UK Cheshire 0151 348 5493	
Upton	Line Dancing	Upton Village Hall	Monday 11.30 am Thursday 9.30 am	0772 5052189	
Upton	Sequence Dance	Upton Village Hall	Saturday 7.00 pm	01244 541322	
Upton	Old Time Dance	Upton Village Hall	Every other Sunday 7.00 pm	01244 541322	
Upton	Indoor Bowls	Upton Village Hall	Monday and Friday evenings September – May	0151 339 7806	
Upton	Badminton	Upton Village Hall	Tuesday evening October – April, Thursday pm all year	07738172495 (currently full)	
Upton	Local History	Upton Village Hall	Monthly 1 evening		
Upton	Computer Classes	Upton Village Hall	5 sessions per week	01244 380208	
Upton	Flower Club	Upton Village Hall	4 th Wednesday evening	01244 382069 or 3002166	

Information & Advice, Age UK Cheshire, 4 Queen Street, Chester, CH1 3LG. Tel: 01244-401500. Should you be aware that any of these details have changed, we would be very grateful if you could inform us so that we can update this list.

Although we endeavour to ensure that this information is accurate, activities, times and other details may change without notice. It is always best to check that the activity of your choice is taking place before travelling.

AREA	ACTIVITY	VENUE	DAY AND TIME	CONTACT	OTHER DETAILS
Upton	Patchwork and Quilting	Upton Village Hall	3 rd Wednesday evening	01244 346923	
Upton	Painting	Upton Village Hall	Tuesdays pm Monday pm	01244 381160 01244 677630	
Upton	Drama	Upton Village Hall	Thursday evening September to March	07970 130447 or 01928 710729	
Upton	Heart Support	Upton Village Hall	Tuesdays am	01927 727197 or 01244 335676	
Upton	Horticulture	Upton Village Hall	1 st Wednesday evening in month	01244 379976	
Upton	British Legion	20 Heath Road, Upton	Daily except Mondays	01244 377030	Tuesday evening – whist. Speaker once a month Thursday am coffee morning
Upton	Upton Together	Scout Hut, Weston Grove, Upton	Every Monday (not Bank Holidays)	Margaret Hainsworth 01244-381396	Morning tea/coffee, fellowship, 10p book stall
Upton Heath	Social Club for Ladies	British Legion Hall, Heath Lane, Upton	Monday 2.30 – 4.30pm	Mrs Perks 0151-339-7376	4 outings per year Christmas dinner.
Various	University of the Third Age	Various	Various	Jenny Corley 01244-680460	Range of ‘classes’ and social clubs. Meetings, outings etc.

Information & Advice, Age UK Cheshire, 4 Queen Street, Chester, CH1 3LG. Tel: 01244-401500. Should you be aware that any of these details have changed, we would be very grateful if you could inform us so that we can update this list.

Although we endeavour to ensure that this information is accurate, activities, times and other details may change without notice. It is always best to check that the activity of your choice is taking place before travelling.

AREA	ACTIVITY	VENUE	DAY AND TIME	CONTACT	OTHER DETAILS
WEA COURSES	VARIOUS Art, History, Walks, Languages, Computers, Lip Reading	VARIOUS centres	VARIOUS	Chester 0151 243 5340 (WEA Regional Office – general enquiries) Frodsham 01928 732896 Neston 0151 336 7729 Northwich 01928 788077	
Waverton	Crown Green Bowling Club	Queens Playing Field opposite Village Hall	Tuesdays & Wednesdays 6pm Sundays 1pm.	Peter Musker 01244 335715	
Waverton	Waverton Mens Badminton Club	Village Hall Waverton	Mondays Sept-May 8.15-10.15pm	John Meredith 01244 336696 or 07778777145	
Waverton	Indoor Bowling Club	Village Hall Waverton	Tuesday afternoons 1.30-4.00pm Thursdays 7.00-9.00 pm. Oct-March	Mrs J Blair 01244 332069	
Waverton	Local History Society	Burley Memorial Hall, Waverton	2 nd Wednesday of month Sept-April 7.30pm	John Crossley	Talks on historical & local subjects
Waverton	Breakaway	Waverton Evangelical Fellowship Eggbridge Lane	Wednesdays 10.30am – alternate mtgs for men & women	Brian or Mavis 01244 335318	Coffee, chat and speaker. Can provide transport
Waverton	Day Centre	Waverton Evangelical Fellowship Eggbridge	Tuesdays 10.00am-2.30pm	Mrs A Roberts 01244 336906	Days out, lunch and good company.

Information & Advice, Age UK Cheshire, 4 Queen Street, Chester, CH1 3LG. Tel: 01244-401500. Should you be aware that any of these details have changed, we would be very grateful if you could inform us so that we can update this list.

Although we endeavour to ensure that this information is accurate, activities, times and other details may change without notice. It is always best to check that the activity of your choice is taking place before travelling.

AREA	ACTIVITY	VENUE	DAY AND TIME	CONTACT	OTHER DETAILS
		Lane			
Waverton	Waverton Singers	Village Hall Waverton	Tuesdays 8.00pm from Sept-April	Marion 01244 300053	Village Choir made up of 30 people who enjoy singing & aim to make a good sound
Waverton	Impressionist Art Group	Waverton Evangelical Fellowship Eggbridge Lane	Monday mornings	Brian 01244 335318	
Waverton	Waverton Chats (formerly Waverton Wives)	Burley Memorial Hall Old Waverton	3 rd Thursday of the month 8.00pm	Kath Beech 01244 336003	Informal meetings with talks or supper
Waverton	Friday Club	Village Hall Waverton	Fortnightly meetings	Mrs H Washburn 01244 332097 or Mrs P Richardson 01244 336949	Speakers, activities and outings.
Waverton	Burley Hall Bridge Club	Burley Memorial Hall, Old Waverton	Mondays 7.00-10.00 pm	Gill Harrand 01244 332105	New experienced bridge players welcomed.
Waverton	Womens Institute	Burley Memorial Hall, Old Waverton	1 st Wednesday of the month 7.30pm	Coral Candlin 01244 332352	New members and guests warmly welcomed.

Information & Advice, Age UK Cheshire, 4 Queen Street, Chester, CH1 3LG. Tel: 01244-401500. Should you be aware that any of these details have changed, we would be very grateful if you could inform us so that we can update this list.

Although we endeavour to ensure that this information is accurate, activities, times and other details may change without notice. It is always best to check that the activity of your choice is taking place before travelling.

AREA	ACTIVITY	VENUE	DAY AND TIME	CONTACT	OTHER DETAILS
Westminster Park	Belgrave Badminton Club			Keith 01244 671071	
Westminster Park	Bowls			Bob Cooper 01244 675204	
Westminster Park	Bridge Club			Nick Ryan 675923	
Westminster Park	Croquet			John Dawson 675929	
Westminster Park	Evergreens	Community Centre, Five Ashes Road	3 rd Thursday of month 2.30pm Pop in coffee sessions 1 st Thursday of month 2-3.30pm	Sandra Magilton 01244 677373	Make new friends, enjoy short talks, quizzes and outings. Tea, coffee and biscuits included.
Westminster Park	Healthy Walking			Mike Lloyd 01244 680328	
Westminster Park	Lache & Westminster History Group			Linda Shuttleworth 01244 679791	
Westminster Park	Glan Aber Tennis Club	Westminster Park		Sue Britton 01244 677936	
Wirral	Burton and Neston Historic Society	Gladstone Hall, Burton	8pm 2 nd Thursday of month	Clive Edwards 0151-336-1190	Talks, research group, October to May only. Membership £5

Information & Advice, Age UK Cheshire, 4 Queen Street, Chester, CH1 3LG. Tel: 01244-401500. Should you be aware that any of these details have changed, we would be very grateful if you could inform us so that we can update this list.

Although we endeavour to ensure that this information is accurate, activities, times and other details may change without notice. It is always best to check that the activity of your choice is taking place before travelling.

AREA	ACTIVITY	VENUE	DAY AND TIME	CONTACT	OTHER DETAILS
Wirral	Neston Civic Society	United Reform Church, Parkgate Road, Neston	Talks held 3 rd Thursday every other month	Janet Griffiths 0151-336-5478	Talks, slide shows, lectures
Wirral	Neston Pensioners Club	Methodist Church Hall, Neston	Fridays 2-4.00pm	Linda 0151-336-4783 or Joyce 0151 336 1165	Cards, dominoes, bingo, raffles, outings, £1 per meeting inc refreshments.
Wirral	U3A	Neston Civic Hall	Last Thursday in Month 2.00pm	Membership Secretary 0151-336-4173	Various speakers, slideshows, demonstrations, outings, etc.

Information & Advice, Age UK Cheshire, 4 Queen Street, Chester, CH1 3LG. Tel: 01244-401500. Should you be aware that any of these details have changed, we would be very grateful if you could inform us so that we can update this list.