

City Walls Medical Centre

CHECKLIST FOR TRAVEL VACCINATIONS

PLEASE READ CAREFULLY

Although most people experience no problems with the vaccinations given in the clinic, certain people should not have some of the vaccines used. To save time and to help identify those people, we ask that you read this checklist prior to you having vaccines.

If you answer yes to any of the following questions, please tell your nurse who can then decide which vaccines you can be given safely.

- Do you have a fever, diarrhoea, or vomiting at present?
- Are you pregnant, planning to become pregnant or breast feeding?
- Have you any current medical problems?
- Do you take any medication?
- Have you ever had a severe reaction to any previous vaccines?
- Are you allergic to any medicine?
- Do you have any allergies to food stuffs or other products e.g. eggs, gelatine, latex?
- Have you ever tested positive for HIV?
- Are you taking steroids or have you taken steroids in the past (prednisolone, cortisone, or any other drug affecting the immune system)?
- Do you have any other medical condition that may affect your immune system?
- Do you have myasthenia gravis or other thymus disorder?
- Have you received treatment for any type of cancer or malignant tumour in the past?
- Will you have contact with fresh lake or river water?
- Will your destination be at high altitude?

Remember to check that you have adequate travel insurance in place before you travel.

It is a good idea to take photocopies of your vaccine record away with you.

Malaria: If you have a fever in the twelve months following a visit to a Malarious area, please inform your GP.